

JARGON BUSTER FOR SELF DIRECTED SUPPORT

Eligibility:

You can get help with your care and support. Whether you are eligible depends on your care and support needs and the eligibility criteria are set out in national guidance called Fair Access to Care (FACS)

Putting People First: (PPF)

This is a new way of working with you to give you more choice and control over how money is used for your Social Care and support. (See also Self Directed Support)

SSAQ:

Supported Self Assessment Questionnaire: This is used to determine how much help you need and an amount of money you may be entitled to purchase the services to meet those needs

RAS Resource allocation system:

Clear and fair rules for how much money everyone gets to meet their care needs. The resource allocation system calculates the amount of money it costs to meet your eligible needs

Indicative Budget:

The weekly cost of the care and support you need that the council says will meet your needs.

Mental Capacity:

The term used concerning a person's ability to understand or cognitive ability to make decisions about their life

Agent/Appointee:

Someone who does something official or legal for you.

FAB:

Financial Assessment and Benefits officer; this person works for the council and is responsible for doing a financial assessment to see if you have to contribute toward the cost of your care.

Care Manager/Social Worker/Care Coordinator:

This is a person employed by your council's Social Services department, or Community Mental Health Team to determine

eligibility for help; assist with assessing your needs and help you arrange the care and support you need.

Self Directed Support:

This is a new way of working with you to give you more choice and control over how money is used for your Social Care and support.

Personal Budget or Individual Budget

The money you get to pay for your support and other things in your support plan.

The difference between the two is:

- **A Personal Budget** is money from **Social Services** (your local council).
- **An Individual Budget** is money that could come from **several places** – including Social Services, the Independent Living Fund and Supporting People.

Support Broker – their job is to:

- give you support and advice
- help you complete your support plan
- help you think about different ways to meet your needs
- help you find the services and support you need
- Help you to work out the cost of support.

Support plan or Care Plan:

The law says we must have a written agreement that confirms how you will get the support you need.

Support Planning:

Thinking about all the things you need support with, how you want support and who you want to support you.

Direct Payments:

Is the money (Personal Budget) your council pays for your care and support and is usually paid directly into your bank account (You need a separate account to stop this money getting mixed up with any other money you have)

Managed Service:

Is where you ask the council to manage your Personal Budget and arrange the services you need; this is sometimes called a 'Care Package'

Respite Care:

Is a short break, possibly care at a residential placement or holiday and is care paid for by the council to give the main carer or Service User a break

Personal Assistant: (PA)

Somebody employed by to help you live independently

Review:

Is carried out by a Care Manager to see what outcomes in your support plan have been achieved / not achieved; whether your support needs have increased or decreased; what is working well and what is not working well.

Financial Return:

Is a form that your Social Services finance department send you to complete to show how and what you have spent your Direct Payments on. You will need to send of your bank statements for the period that is covered by the form E.g. January to June.

CRB:

Criminal Records Bureau is where records of peoples' criminal convictions are held. They process applications for CRB disclosures for registered bodies who want to check whether an employee has a criminal record

EPA and LPA:

Enduring Power of Attorney and Lasting Power of Attorney , is a legal document granting a nominated person permission to manage, have control of and make decisions about your Finances and/or your healthcare and social care

PAYE:

Pay As You Earn are deductions for National Insurance and Tax that you will need to pay Her Majesty's Revenue and Customs (HMRC) if you employ a Carer or Personal Assistant who earns over a certain amount

Payroll Service:

Is a service you can buy that will do all your PAYE when you employ your own PA or Carers; provide you with pay slips, tell you what deductions there are from wages and how much and when you need to pay HMRC.